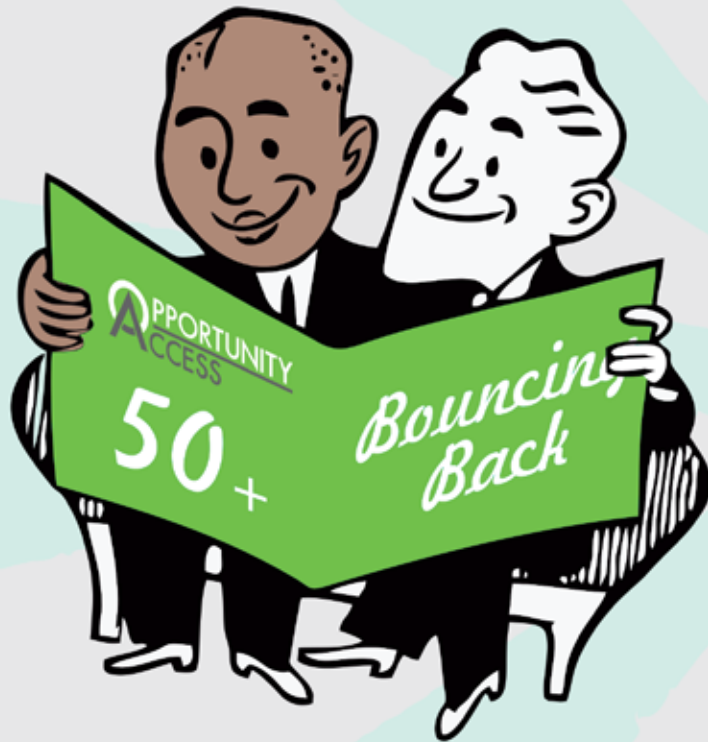


Getting people fit for work

Employment Training



To register speak to your Job Centre Work Coach who will refer you onto the programme.

Or contact Opportunity Access on

**0208 699 1968**

[info@opportunityaccess.co.uk](mailto:info@opportunityaccess.co.uk)

[f opportunity access](#) [@oppaccess](#)

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*Bouncing Back*

Getting people fit for work



jobcentreplus



MI

ComputSolutions

*The programme will help you with*



**OPPORTUNITY ACCESS**



**Confidence building**

How to stay motivated throughout your job search



**CV writing, interview techniques**  
& mock interviews in real settings  
**Work experience** placements

Learn how to effectively  
job search and dress  
for success

Help to learn and identify  
your strengths and  
transferable skills



**Assisted job search**  
and job application support



**Insight into a variety of employment options** including, self-employment, job sharing, freelancing, consulting, to name a few.



**Basic skills**  
(English, IT, Maths)  
assessment & training  
for those that need it



**Opportunity to self-market access**  
to a £2000 grant to pay to an employer  
if they employ you for 6 months or more\*



# *Bouncing Back*

## **Eligibility**

- Aged over 50
- Unemployed and in receipt of JSA or ESA
- Must be a Lewisham resident



\*Terms and conditions apply